Our impact in 2019/20

The difference we make in Torbay



We are Citizens Advice Torbay.

Every year thousands of people come to us for help solving their problems.

This means we're an important part of the community, with a credible understanding of local needs.

We use this to tailor our services and help improve local policies and practices. **£1,327,167**saved by government and public services last year

- £6.19 for every £1 invested in our service

This is Carol

Carol is an example of one of the people we helped.

Last year, we helped 3,130 people with 11,915 issues.

Carol's story shows how we help people solve their problems, and why this is important.



What we do

We help people with a range of problems including issues with housing, debt, benefits, employment, relationships and consumer rights.

Often people have more than one issue they need help with.



Carol was struggling - she was behind in paying her rent.

The threat of being evicted was making her feel very anxious.

The strain was also aggravating an existing health condition.

How we help



Alan, a volunteer adviser, helped Carol with her problem. He found out she recently had a change in her employment.

This had put added pressure on her finances, which was why she was getting behind on her rent. People access us in different ways:

- 23.4% face-to-face
- 18.4% by telephone
- 57.2% by digital channels (website, webchat and email)
- 1.0% by other channels

We can deal with most of the issues people come to us with, tailoring our advice to their needs.



Alan helped Carol write a letter to her landlord and set up a payment plan. This stopped her landlord trying to evict her.

Together, they worked out a budget to help Carol with other debts and maximise her income.

Alan found out Carol was on a flexible hours contract, so he helped her better understand her rights at work.

Our advice is effective

Problems don't happen in isolation and can have severe consequences. Solving them stops these situations escalating.

We help thousands of people like Carol.



8 in 10 people are helped to solve their problem



9 out of 10 people said we helped them find a way forward

"The Adviser helped me sort a problem I would not have been able to tackle by myself. Very professional and gave me confidence."

Citizens Advice Torbay Client



The difference this makes

The wider impact of advice - what we achieve as a result of solving problems and providing support - is just as important.

82% say advice made a difference to their lives.

Our advice helped stabilise Carol's financial situation.

Her anxiety reduced, and her physical health improved. She no longer needed additional health services.

She also felt more confident and knowledgeable about handling similar problems in the future.

Our impact



felt less stressed, depressed or anxious



Nearly 1 in 2

had more money or control of their finances



2 in 5

had a more secure housing situation



Nearly 1 in 2

felt their physical health had improved



3 in 10

found it easier to do their job or find a job



Nearly 1 in 2 felt they had better

felt they had better relationships with others



3 in 5

found it easier to manage day-today

Why fixing problems matters

If left unsolved, problems don't just affect the individual they affect our community.

Solving them creates considerable value to society.

9 in 10 people we help say that their problem negatively affected their life

2 in 3 say they had difficulty knowing who to contact or how systems work before advice

1 in 3 come to us when they needed to take action urgently

Outcomes and impact research, 2017

"Very lovely, competent Adviser who help me understand my issue a lot more clearly."

Citizens Advice Torbay Client



Our value to society

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For every £1 invested in our service in 2019/20 we generated:

£6.19 in savings to government and public services (fiscal benefits)

in wider economic and social benefits (public value) fin financial value to the people we help (specific outcomes to individuals)

Total: £1,327,167 Total: £8,173,266 Total: £6,302,484

How we calculate our financial value

It's impossible to put a financial value on everything we do but where we can, we have

We've used a Treasuryapproved model to do this.

- Keeping people in employment or helping them back to work
- Preventing housing evictions and statutory homelessness
- Reducing demand for mental health and GP services
- Improving mental wellbeing and positive functioning
- Improved family relationships

From our robust management information, we've also separately considered the financial benefits to the people we help.

Our value to this community

Our savings to the public purse include:



£182,603 saved by local government, through reducing homelessness

Maximising the income for those we help prevents more costly intervention.

This helps reduce financial difficulty, promotes inclusion and benefits the local economy.

This is only one fraction of our true value. We also:

- help clients negotiate local processes, such as welfare reform changes
 - help local authority rent and council tax arrears to be rescheduled, and reduce the associated administrative costs

This is Alan

The wider value of volunteering

People like Alan give their time, skills and experience to enable us to reach as many people as we do.

There are also has considerable benefits for them too, such as improved employability.

This year our trained volunteers gave up £255,361 worth of volunteering hours to help deliver our services.



Citizens Advice helps people find a way forward.

We provide free, confidential and independent advice to help people overcome their problems.

We are a voice for our clients and consumers on the issues that matter to them.



Citizens Advice is an operating name of The National Association of Citizens Advice Bureaux. Registered charity number 279057

